


NOBLE LOCAL SCHOOL DISTRICT: Medical Plan

Coverage Period: 09/01/2016 – 08/31/2017

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual + Family | Plan Type: PPO

 **This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.ebmconline.com or by calling 1-877-304-0761

Important Questions	Answers	Why this Matters:
What is the overall deductible ?	in-net: \$125 individual /\$250 family/out-net: \$250 individual /\$500 family	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other deductibles for specific services?	Yes. \$25 individual /\$75 family for dental, if elected.	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
Is there an out-of-pocket limit on my expenses?	in-net: \$6,600 individual /\$13,200 family/out-net: \$13,200 individual /\$26,400 family	The out-of-pocket limit is the most you could pay during a coverage period (usually one plan year) for your share of the cost of covered services. This limit helps you plan for health care expenses. Is there a Maximum Coinsurance Limit Per Calendar year? In-Net \$625 individual/ \$1,750 family/Out-Network: \$1,750 individual/\$5,000 family. This includes the deductible.
What is not included in the out-of-pocket limit ?	Non-Pre-Cert Penalties, Amounts over Usual and Reasonable, Dental, and Vision Benefits.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers ?	Yes. See www.mycigna.com or call 1-877-304-0761 for a list of preferred providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist ?	No.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .

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 **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.

Coinsurance is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.

The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)

This plan may encourage you to use in-Network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$10 copay then 0% coinsurance	30% coinsurance after deductible	
	Specialist visit	\$10 copay then 0% coinsurance	30% coinsurance after deductible	
	Other practitioner office visit	10% coinsurance after deductible	30% coinsurance after deductible	Chiropractic Care: In-Net 20 visit Calendar Year maximum/Out-Net 10 visit Calendar Year maximum
	Preventive care/screening/immunization	0% coinsurance	0% coinsurance	
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance after deductible	30% coinsurance after deductible	
	Imaging (CT/PET scans, MRIs)	10% coinsurance after deductible	30% coinsurance after deductible	
If you need drugs to treat your illness or condition More information about prescription	Generic drugs	\$10 copay then 0% coinsurance	Paid same as Network	Mail order copay \$20
	Preferred brand drugs	\$20 copay then 0% coinsurance	Paid same as Network	Mail order copay \$40
	Non-preferred brand drugs	\$40 copay then 0% coinsurance	Paid same as Network	Mail order copay \$80

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<u>drug coverage</u> is available at www.ebmconline.com .	Specialty drugs	\$150 copay then 0% coinsurance	Paid same as Network	Annual maximum out-of-pocket \$1,800
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% coinsurance after deductible	30% coinsurance after deductible	
	Physician/surgeon fees	0% coinsurance after deductible	30% coinsurance after deductible	
If you need immediate medical attention	Emergency room services	\$75 copay then 0% coinsurance	Paid same as Network	
	Emergency medical transportation	10% coinsurance after deductible	30% coinsurance after deductible	
	Urgent care	\$20 copay then 0% coinsurance	30% coinsurance after deductible	
If you have a hospital stay	Facility fee (e.g., hospital room)	0% coinsurance after deductible	30% coinsurance after deductible	Non Pre-Cert Penalty \$200
	Physician/surgeon fee	0% coinsurance after deductible	30% coinsurance after deductible	
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	10% coinsurance after deductible	30% coinsurance after deductible	In OV: \$10 copay/Out OV: 30% coinsurance after deductible
	Mental/Behavioral health inpatient services	0% coinsurance after deductible	30% coinsurance after deductible	Non Pre-Cert Penalty \$200
	Substance use disorder outpatient services	10% coinsurance after deductible	30% coinsurance after deductible	In OV: \$10 copay/Out OV: 30% coinsurance after deductible
	Substance use disorder inpatient services	0% coinsurance after deductible	30% coinsurance after deductible	Non Pre-Cert Penalty \$200
If you are pregnant	Prenatal and postnatal care	\$10 copay then 0% coinsurance	30% coinsurance after deductible	
	Delivery and all inpatient services	0% coinsurance after deductible	30% coinsurance after deductible	Non Pre-Cert Penalty \$200 if stay exceeds 48 hours for vaginal delivery or 96 hours for cesarean delivery

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If you need help recovering or have other special health needs	Home health care	10% coinsurance after deductible	30% coinsurance after deductible	100 visit maximum per Calendar Year
	Rehabilitation services	10% coinsurance after deductible	30% coinsurance after deductible	Physical Therapy In Net: 30 visit maximum/Out Net: 15 visit maximum per Calendar Year
	Habilitation services	10% coinsurance after deductible	30% coinsurance after deductible	
	Skilled nursing care	10% coinsurance after deductible	30% coinsurance after deductible	30 day maximum per Calendar Year
	Durable medical equipment	10% coinsurance after deductible	30% coinsurance after deductible	No coverage for charges in excess of the purchase price.
	Hospice service	10% coinsurance after deductible	30% coinsurance after deductible	
If your child needs dental or eye care	Eye exam	0% coinsurance	0% coinsurance	1 per Calendar Year if vision is elected
	Glasses	0% coinsurance	0% coinsurance	Frames & Lenses 1 pair per Calendar Year /Contact Lenses 1 pair or 1 prescription of disposable per Calendar Year
	Dental check-up	0% coinsurance	0% coinsurance	2 per calendar year if dental elected.

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic Surgery
- Hearing Aids
- Infertility Treatment
- Long-Term Care
- Non-emergency care when traveling outside the U.S.
- Routine Foot Care
- Weight Loss Programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Bariatric Surgery (Subject to Medical Necessity Requirements)
- Chiropractic Care
- Dental Care (Adult)
- Private-Duty Nursing
- Routine Eye Care (Adult)

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-877-304-0761. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

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Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: www.ebmconline.com or by calling 1-877-304-0761.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-877-304-0761.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-304-0761.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-877-304-0761.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijjigo holne' 1-877-304-0761.]

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$7,405
- Patient pays \$135

Sample care costs:

Hospital charges (mother)	\$2,714
Routine obstetric care	\$2,084
Hospital charges (baby)	\$953
Anesthesia	\$906
Laboratory tests	\$499
Prescriptions	\$173
Radiology	\$176
Vaccines, other preventive	\$35
Total	\$7,540

Patient pays:

Deductibles	\$125
Copays	\$10
Coinsurance	\$0
Limits or exclusions	\$0
Total	\$135

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$5,176
- Patient pays \$224

Sample care costs:

Prescriptions	\$2,889
Medical Equipment and Supplies	\$1,222
Office Visits and Procedures	\$725
Education	\$287
Laboratory tests	\$137
Vaccines, other preventive	\$140
Total	\$5,400

Patient pays:

Deductibles	\$125
Copays	\$20
Coinsurance	\$0
Limits or exclusions	\$79
Total	\$224

Note: If you have diabetes and participate in an eligible diabetes management program, your cost may be reduced by any applicable incentives provided by such a program. For more information on whether your Plan offers a diabetes management program, please contact EBMC at 1 (877) 304-0761.

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

Costs don't include premiums.

Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.

The patient's condition was not an excluded or preexisting condition.

All services and treatments started and ended in the same coverage period.

There are no other medical expenses for any member covered under this plan.

Out-of-pocket expenses are based only on treating the condition in the example.

The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✘ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✘ **No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✔ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✔ **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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