

September 2019

Breakfast Prices Student: \$0.00 Adult: \$1.00

Shenandoah High Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
	<ul style="list-style-type: none"> Cheddar Cheese Omelet Toast Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Breakfast Pizza with Turkey Sausage Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> French Toast Bites Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Powered Sugar Mini Donuts Mini Chocolate Donuts Assorted Fruit Assorted Fruit Juice Choice of Milk
9	10	11	12	13
<ul style="list-style-type: none"> Breakfast Pizza with Turkey Sausage Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> French Toast Sticks Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Cinnamon Roll Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Breakfast Chicken Patty on Biscuit Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Iced Donut w/Sprinkles Mini Chocolate Donuts Assorted Fruit Assorted Fruit Juice Choice of Milk
16	17	18	19	20
<ul style="list-style-type: none"> Sausage & Cheese Biscuit Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Pancake Wrap Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Mini Cinnis Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Cherry Frudel Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Iced Donut w/Sprinkles Assorted Fruit Assorted Fruit Juice Choice of Milk
23	24	25	26	27
<ul style="list-style-type: none"> Tony's Sausage Breakfast Pizza Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Sausage Muffin Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Belgian Waffle Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Cinn. Glazed French Toast Sticks Assorted Fruit Assorted Fruit Juice Choice of Milk 	<ul style="list-style-type: none"> Iced Donut w/Sprinkles Assorted Fruit Assorted Fruit Juice Choice of Milk
30				
<ul style="list-style-type: none"> Fluffy Pancakes Assorted Fruit Assorted Fruit Juice Choice of Milk 				

Breakfast Options: Assorted Cereal w/Belly Bear, Assorted Cereal Bar with Crackers, Muffins with Crackers

Choice of Milk: Non-Fat Flavored , 1% Milk

Fruit and Veggie Bar May Include: Red Delicious Apple, Fresh Petite Banana, Oranges, Diced Pears, Diced Peaches, Mixed Fruit, Tropical Pineapple Tidbits, Citrusy Mandarin Oranges, Crisp Baby Carrots, Crispy Celery Sticks, Fresh Cucumber Slices, Fresh Tomato, Fresh Red & Green Peppers, Fresh Broccoli Florets, Leafy Green Romaine Lettuce

Contact Connie Elliott Food Service Director 740.732.4120 x 131 connie.elliott@gozeps.org

More Details: gozeps.nutrislice.com/menu/shenandoah-high/breakfast/
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